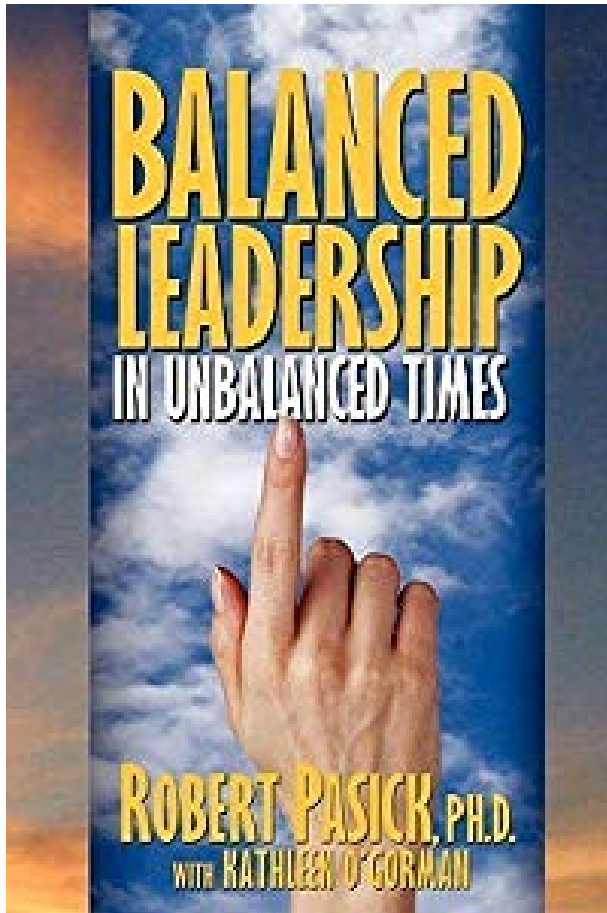


Balanced Leadership in Unbalanced Times



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"Balanced Leadership in Unbalanced Times" is Dr. Robert Pasick's useful new toolbox of leadership strategies for men and women who want to improve their performance at work and in the community. Dr. Pasick is a popular writer, psychologist and leadership coach with many public appearances on radio and TV. You may have seen him on "Oprah." His clients range from veteran Fortune 500 executives to men and women starting their first businesses or stepping into their first professional careers. He understands how hard life is these days for millions of Americans suddenly shifting careers and employers. Dr. Pasick's life-saving advice is that people don't have to merely juggle the competing demands of work, family, community, health and values. We can learn to balance these vital spheres of life and, working with Dr. Pasick's dozens of strategic ideas in this new book, we can become more effective leaders as a result. The core of the book is a series of Coach's Clipboard strategies, inviting readers to start with the most important challenges in your daily life. The book becomes your personal toolbox with space to outline your immediate and long-term goals. In "Balanced Leadership in Unbalanced Times," you'll meet a wise coach who will reduce your stress, raise your spirits and quickly get down to the key choices you can make today.