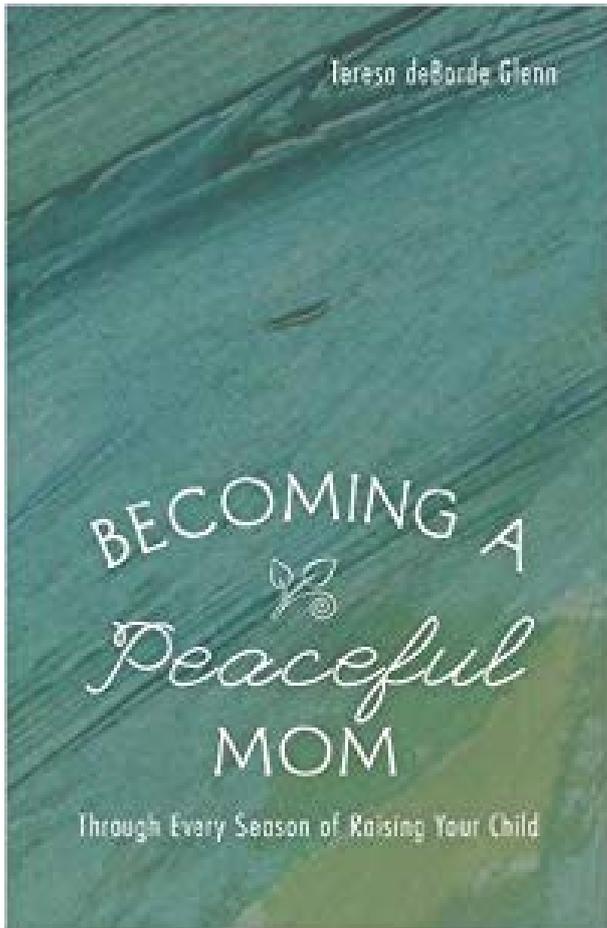


Becoming a Peaceful Mom: Through Every Season of Raising Your Child



ISBN13:	9781498293273
Genre:	Uncategorized
Published:	September 28th 2016 by Resource Publications
Language	English
ISBN10:	1498293271
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Goodreads Rating:	5.00

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Are stress and feelings of inadequacy your constant companions? Peaceful mom. It hardly seems that the words could go together. Yet the peace we crave can be ours in every season of raising children. Whether you have teenagers or toddlers, being a mom is a daunting and amazing responsibility. And it's a part of God's design for you. You are deeply loved by God. Draw from the well of a relationship with him--even if it's a new well--to sift through all that the world plops in your path. Learn to partner with him. Grow stronger and more confident and begin to see your self the way God sees you--as a woman, as a mom, and as his child. Be encouraged and motivated through prayer and dialogue examples, personal stories, and scripture applications. Consider your approach to being a mom, making commitments, and the power of forgiveness. Discover how God works through you to raise and shape your children, as you learn and grow with a peace that is truly beyond understanding. ""Teresa's book is full of wisdom and practical help for mothers in all seasons of raising their children, and she walks us down the path to the peace that is found only in Christ. Becoming a Peaceful Mom is an excellent choice for a moms' Bible study, and a valuable tool for deeper conversation."" --Susan Alexander Yates, Speaker; Author of And Then I Had Kids ""Reading Teresa's book is like meeting a friend who gets you and who helps you figure it all out. But even more, Teresa shows us that the real end of

good mothering is not simply good children, but a wise and transformed mother who knows she can count on God." --Sally Breedlove, author of *Choosing Rest*; spiritual director, co-founder of JourneyMates; speaker

"Motherhood. That job we love but certainly would trade at times, for just a moment. *Becoming a Peaceful Mom* addresses those frustrations and failings with honesty, humility and godly wisdom. [This] book bes, comforts, and encourages us, and then bids us pass it on to another mom in need of inspiration." --Linda Grabeman, author of *Praise on Purpose*; magazine columnist; women's speaker

"As a mom of four now-grown children, Teresa's Spirit-filled words pierce my heart. It is only through prayer and submission that we can steward the gifts of our children well, something that is sometimes easier said than done. Teresa's Scripture-guided approach to parenting is truthful, encouraging, and full of hope." --Anne Neilson, artist; philanthropist; author of *Angels In Our Midst*

"For any woman desiring to move further down the pathway to peacefulness, *Becoming A Peaceful Mom* can be a close companion. The wisdom shared applies to all moms who desire motherhood to be marked with peacefulness." --Jan Harrison, speaker; author of *Becoming A Woman Who Calls God By Name*

Teresa deBorde Glenn is a speaker and author who encourages and mentors women to partner with God through the everyday circumstances of life. She and her husband Terrell have been married 28 years and have three grown children.

Connect with Teresa at www.celebratethefamily.org.