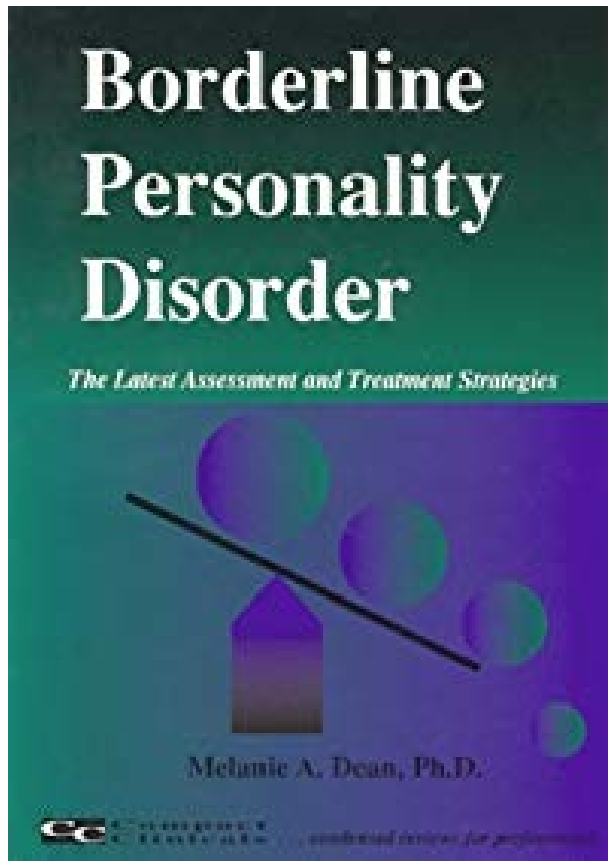


# Borderline Personality Disorder: The Latest Assessment and Treatment Strategies



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Millions of Americans suffer from Borderline Personality Disorder, a pervasive pattern of instability that begins early in life and affects most of a person's daily functioning. How do you differentiate BPD from other disorders? What is the likelihood of recovery? What are the global treatment issues? Is group or individual therapy more effective? What environmental influences may cause BPD? How do pharmacological treatments help people with BPD? What Terms are used to describe BPD? For brief but substantive answers to these questions - plus pros and cons of different clinical strategies, causes, typical characteristics, biological underpinnings, recommended medications and the most effective treatment strategies including those for self harm and suicide potential - turn to this Compact Clinicals' guide to BPD. Written for the professional in a jargon free, easy to read format.