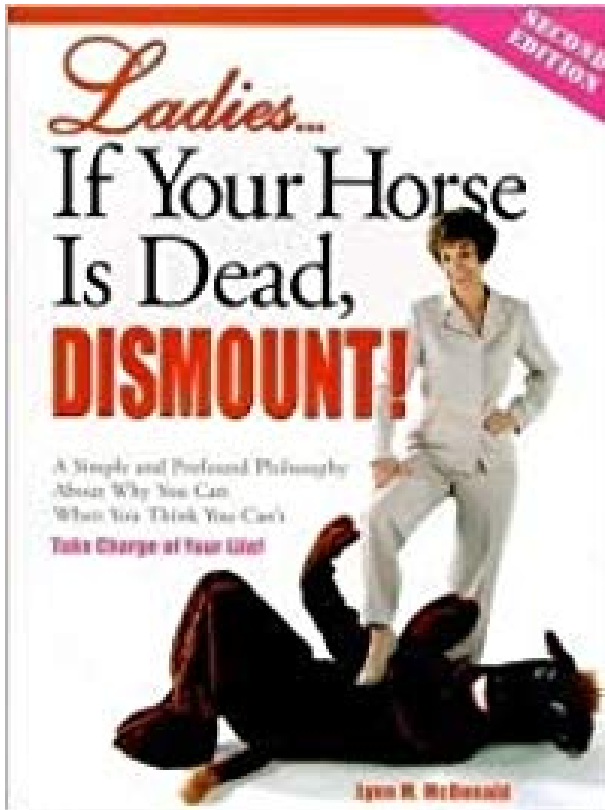


Ladies...If Your Horse Is Dead, Dismount!



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A collection of women's funny, lively, and inspirational stories in their own words, recounting how they overcame their "dead horse" mindsets to find thoroughbred replacements: success, happiness, self-worth, and fulfillment. The stories, narrated by women of varied ages, nationalities, and socioeconomic status, are interwoven with Lynn's own anecdotes, insights, and commentary, and are designed to encourage and help you to take charge of your life. In each of these women, we recognize a little part of ourselves.