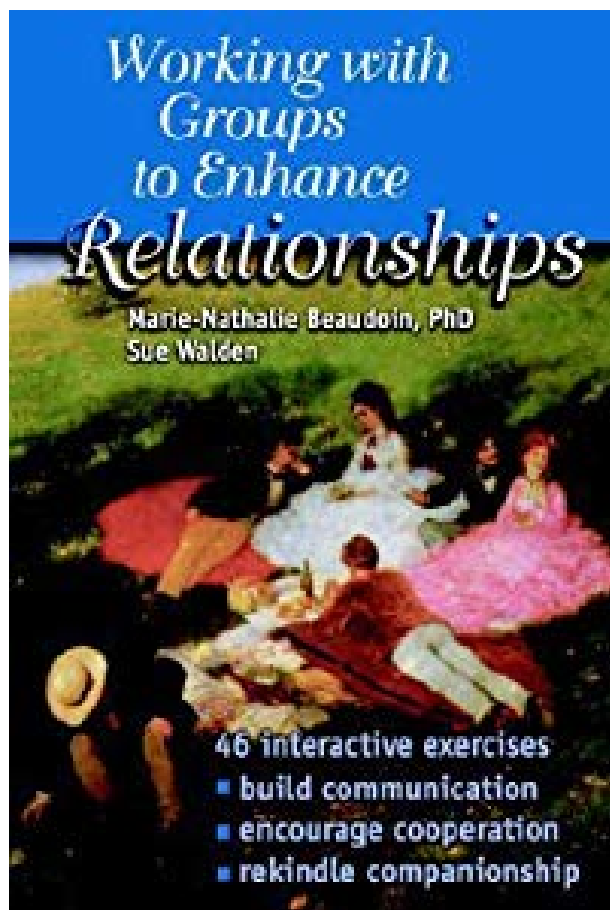


Working with Groups to Enhance Relationships



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This book offers 39 interactive activities to assist individuals in developing meaningful relationships. Each activity offers a safe environment for individuals to build communication skills, encourage cooperation, and rekindle companionship in the committed relationships. The fresh and creative ideas help individuals: Build lasting relationships Notice styles of communication and reframe criticism Practice sharing and responding Develop respectful curiosity Understand differences About the authors: Marie-Nathalie Beaudoin, a clinical psychologist, specialized in child and family therapy.

Sue Walden has over 25 years experience teaching improvisation and creativity classes to adults, couples, and families. Her clients include IBM, MCI, Apple, and DuPont.