

Mysticism: Christian and Buddhist

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If the Western world knows anything about Zen Buddhism, it is down to the efforts of one remarkable man, D.T. Suzuki. The twenty-seven year-old Japanese scholar first visited the West in 1897, and over the course of the next seventy years became the world's leading authority on Zen. His radical and penetrating insights earned him many disciples, from Carl Jung to Allen Ginsberg, from Thomas Merton to John Cage. In *Mysticism: Christian and Buddhist* Suzuki compares the teachings of the great Christian mystic Meister Eckhart with the spiritual wisdom of Shin and Zen Buddhism. By juxtaposing cultures that seem to be radically opposed, Suzuki raises one of the fundamental questions of human experience: at the limits of our understanding is there an experience that is universal to all humanity? *Mysticism: Christian and Buddhist* is a book that challenges and inspires; it will benefit readers of all religions who seek to understand something of the nature of spiritual life.