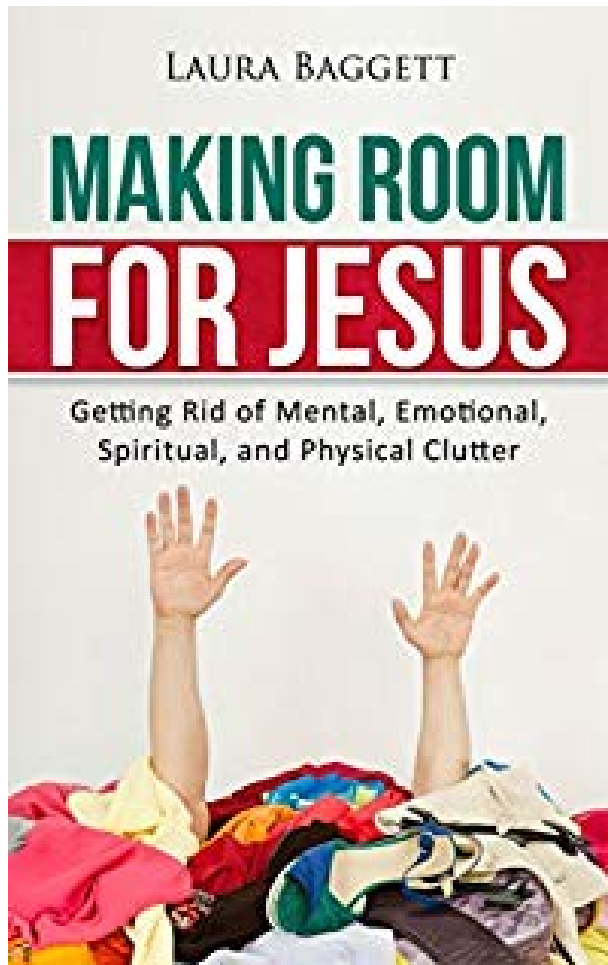


Making Room For Jesus: Getting Rid of Mental, Emotional, Spiritual, and Physical Clutter



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What does the Sabbath commandment from the Old Testament have to do with clutter, and does that command mean more (or perhaps) than we often think it means? How does our physical clutter affect our mental, spiritual, and emotional clutter, and vice-versa? Can physical items in our homes affect our spiritual growth? How is it possible to get clutter free with kids? Making Room for Jesus: Getting Rid of Mental, Emotional, Spiritual, and Physical Clutter answers these questions and many more. My house was a mess. No, I wasn't about to appear on an episode of Hoarders. I wasn't living in filth and squalor.

But every space was full. The drawers were packed. There were clothes that hadn't fit in almost ten years, unopened boxes in the garage that had been moved from house to house, and gifts and other inherited items that brought back painful memories. My soul was also a mess. I was a Believer, secure in my relationship with Christ. I wasn't living in any blatant sin. But there was a mixture of restlessness and stagnation in my heart. There were thought patterns I couldn't seem to change, emotions I couldn't get past, and a sense that my spiritual growth had stalled. Then one Saturday afternoon, I cleared out the closet under the stairs, and everything

began to change. I applied the KonMari method of decluttering from *The Life-Changing Magic of Tidying Up* by Marie Kondo, and it really was transformational. But I didn't just learn about clutter busting my physical space. The Lord used the process to declutter my mind and my soul. He changed my mindset just as much, if not more, than my surroundings. So if your closet isn't the only part of your life that could use some tidying up, check out *Making Room for Jesus: Getting Rid of Mental, Emotional, Spiritual, and Physical Clutter* by scrolling up to purchase the book.