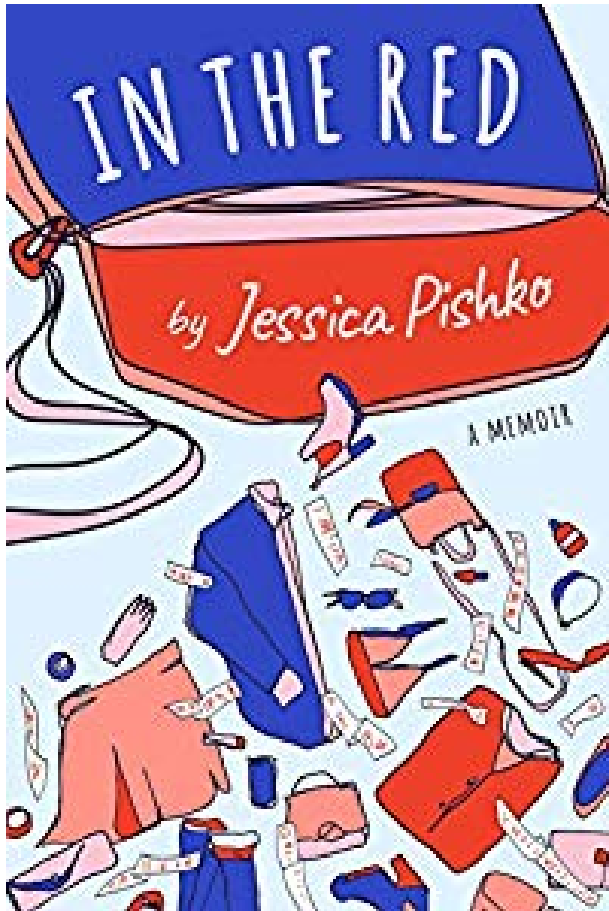


In the Red



Genre:	Uncategorized
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Author:	Jessica Pishko
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[In the Red.epub](#)

This night in November wasn't the first night I woke up thinking about how I would pay my credit card bills, but it was the first night it occurred to me that something else was wrong. A Harvard Law School graduate, Jessica Pishko moved to New York City ready to take on the world.

But she was hiding a shameful secret: a lifelong struggle with self-esteem and depression had evolved into a serious shopping addiction. Desperate to keep up appearances, she ran up huge credit card debt at clothing stores all over the city, hoping her outfits could make her the polished professional she dreamed she could be. It would take two lost jobs, \$30,000 in debt, and bankruptcy before she could face her demons. In this unflinching, relatable memoir, Pishko takes readers behind the curtain for a raw look at the life of a compulsive shopper who finally learned that the bumpy road to recovery is easier to travel without all the shopping bags.